# CLASS SCHEDULE | Roermond

Book your spot now in the il fiore app or at the front desk.
Schedule may vary on public holidays and during school holidays.

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---|---|---|---|---|---|
| | | | | | | **09:45 - 11:00**<br>Heavy Bag Training |
| **20:15 - 21:15**<br>Shadow Boxing | **19:00 - 20:00**<br>Cross Power | **16:00 - 17:00**<br>Kids Fun and Boxing | **19:00 - 20:00**<br>Cross Power | **16:00 - 17:00**<br>Kids Cross Power | | |
| | **20:00 - 21:00**<br>Cross Power | **19:00 - 20:00**<br>Cross Power | **20:00 - 21:00**<br>Cross Power | **19:00 - 20:00**<br>Cross Power | | |